

# dare to lead™

What needs to change for leaders to succeed in complex and dynamic work settings? What leadership behaviors and skill sets observably support our teams and workforce? What holds us back from leaning into our leadership behaviors and innovative practice and processes? The answer? **Brave work. Tough conversations. Whole hearts.**

Based on the research of Dr. Brené Brown, Dare to Lead™ is an empirically based courage-building program designed to be facilitated by organizational development professionals. The most significant finding from Brené's latest research is that courage is a collection of four skill sets that are teachable, measurable, and observable. The Dare to Lead™ program focuses on developing these courage-building skills through workshops, trainings and coaching to help individuals, teams and organizations move from armored leadership to daring leadership.

The **four courage-building skill sets** featured in this interactive curriculum include:

- *Rumbling with Vulnerability*—Being honest about the sense of risk, uncertainty, and emotional exposure we feel as leaders and summoning up the courage to confront our vulnerability even when we cannot control the outcome.
- *Living into our Values*—Identifying our core beliefs and gaining clarity about how our values support our integrity as leaders.
- *BRAVING Trust*—Trust-building behaviors leaders can demonstrate and promote in their work relationships and organizational culture.
- *Learning to Rise*—Recognizing when we become “emotionally hooked” by setbacks, reckoning with the “stories” we tell ourselves about our leadership misses, and tapping into the wisdom and meaning we gain as we regain our footing as leaders.

Dare to Lead™ workshops are available in 8-hour and 16-hour formats. Individuals who successfully complete the full 16-hour Dare to Lead™ program will receive a certificate of completion and are allowed to put a Dare to Lead Trained badge on their LinkedIn account.

**For more information about Dare to Lead™ contact:**

Virginia Rondero Hernandez, PhD, LCSW, CDTLF

[vronderohernandez@gmail.com](mailto:vronderohernandez@gmail.com)

[LinkedIn Profile](#)



*“I define a leader as anyone who takes responsibility for finding the potential in people and processes, and who has the courage to develop that potential.”—Brené Brown*