

### CFT Post Test

- I. Scenario: 64 days after the youth was taken into care and placed into a Short Term Residential Therapeutic Program, the initial CFT meeting was convened. The CFT facilitator and the youth's CWS social worker consulted and found the best time to have their meeting at the CWS CFT office. The CFT Facilitator spoke with the CWS social worker and the child's therapist to identify team members that should be present at the meeting and which items should be on the agenda.

#### Questions

- a) Does the timeline for scheduling the initial CFT meeting meet the requirements?
- b) Was youth's voice addressed properly in...
  - Scheduling the CFT meeting?
  - Identifying team members to be part of the CFT and CFT meeting?
  - Developing the CFT meeting agenda?

In a few sentences, describe the correct ways to schedule a CFT meeting, develop the meeting agenda and identify CFT team members.

- II. Which is NOT an example of a need?
- a. Feel Loved
  - b. Know that I am Safe
  - c. Attend Anger Management Class
  - d. Know that I am Cared For
- III. Which of the follow potential actions during a CFT process would NOT support the values of CFT?
- a. Phone tree used to share information
  - b. Team agreements developed
  - c. One person makes 50% of all the decisions
  - d. Confidentiality is respected
- IV. Place these steps in the correct order of a CFT Meeting Structure.

a.	1. Brainstorm
b.	2. Discuss Strengths and Needs (including Child and Adolescent Needs and Strengths)
c.	3. Welcome and Introductions
d.	4. Action Planning
e.	5. Confidentiality and Team Agreements
f.	6. CFT Vision and CFT Meeting Purpose
g.	7. Evaluation

- V. Which of the following CANNOT be a team member on a CFT?
- Teacher
  - Best Friend
  - Uncle who had been previously incarcerated
  - Pastor
  - Librarian
  - None of the above, all could be team members
- VI. Which of the following is NOT a potential agenda item for a CFT meeting?
- Placement
  - Medications
  - Boyfriend drama
  - Probation terms and conditions
  - All could be potential agenda items
- VII. Which of the following does NOT describe a case plan?
- Strengths-Based
  - Needs-Driven
  - Trauma-Informed
  - Outcomes-focused
  - Designed by the professionals
  - Both C and E
- VIII. The use of CFTs in CCR reform are utilized to help reach the following goals EXCEPT:
- Increase Child, Youth, NMD, Parent and family engagement
  - Increase the conformity to system-imposed services
  - Reduce the high rate use of congregate care
  - Increase team-based collaboration
- IX. Which of the following BEST describes the population targeted for CFT provision?
- Only children receiving regional center services
  - Those youth that have an Individual Education Plan (IEP) or 504 Plan
  - All children, youth, NMDs in group homes or those that come into child welfare foster care placement including probation
- X. Choose the BEST purpose statement for the use of CFTs:
- To be a meeting to replace Team Decision Making meetings
  - To be a single integrated convening of all CFT members to plan, process, assess, adjust, and assign services and strategies across the child's life while in care.
  - To be a place for behavioral intervention
  - To be a place for further Child Welfare Court Investigation