



Kids & Families Together

In-Home Programs: FAM, RAP, & SET

Overarching Goal

Families stay emotionally connected to one another and children experience placement stability and permanency allowing them to heal from past traumas and develop secure attachment relationships in the present and future.

Program Description

Provide 18 weekly, in-home sessions, tailored to family’s needs, in which **caregivers** receive psychoeducation in the context of a supportive, therapeutic relationship.

- Assessment of caregiver, child, and relationship
- Psychoeducation focused on attachment, trauma, and development
- Exploration of caregiver’s attachment style and life narrative
- Learn/practice trauma-informed, therapeutic parenting techniques
- Learn/practice self-care strategies
- Engage in dyadic, play-based interventions

	FAM	RAP	SET
	Family Attachment Model	Relational Assessment Program	Support, Education, & Training
Who?	Pre/post adoptive families (post adoptive families can self-refer)	Birth families within the Child Welfare System	Foster and Kinship caregivers, and guardians within Child Welfare System
Why?	Stabilize long-term/permanent placements	Support family prior to, during, or post reunification, or help stabilize a family and prevent removal	Stabilize short-term placement, prevent disruption

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To make a referral:

Contact: Melana Luke, In-Home Program Coordinator: 643-1446 ext. 116/ mluke@kidsandfamilies.org

If a child is in need of services, K&FT offers EPSDT services. Referrals go through VCBH.





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In-Home Programs and the 5 Protective Factors

Parental Resilience	<ul style="list-style-type: none">• CG and clinician identify and recognize strengths and resiliency within family to empower them and provide hope for the future.• CG examines their own history in order to resolve issues that may be impacting their caregiving and current functioning, therefore strengthening CG's ability to manage adversity
Social Connections	<ul style="list-style-type: none">• Clinician is an advocate as well as a source of support and empathy• Clinician encourages CG to nurture relationships and foster other connections as related to self-care
Knowledge of Parenting and Child Development	<ul style="list-style-type: none">• CG learns trauma-informed, therapeutic parenting strategies• CG gains an understanding of normative child development as compared to the development of a child who has experienced trauma and/or poor attachments
Concrete Support in Times of Need	<ul style="list-style-type: none">• On-going assessment of family's needs while communicating and collaborating with social worker and other team members• Referrals to other community resources
Social-Emotional Competence	<ul style="list-style-type: none">• Therapeutic parenting strategies help strengthen social-emotional competence of children• CG and child strengthen security of attachment which in turn, improves child's ability to self-regulate

